



# Course Outline

OEEDU1101 BASE-CAMPING

<b>Title:</b>	BASE-CAMPING
<b>Code:</b>	OEEDU1101
<b>Formerly:</b>	HM788
<b>School / Division:</b>	School of Health Sciences
<b>Level:</b>	Introductory
<b>Pre-requisites:</b>	Nil
<b>Co-requisites:</b>	Nil
<b>Exclusions:</b>	(HM788) (HM780 and HMALS2105)
<b>Progress Units:</b>	7.5
<b>ASCED Code:</b>	70301

## Objectives:

After successfully completing this course, students should be able to:

### Knowledge:

- Investigate and evaluate bushcraft and camping theory
- Describe the aims and rationale for bush activities
- Deliver and discuss information on a variety of topics related to camp craft
- Understand the theoretical perspectives of adventure-based learning and programming
- Begin to understand the difference between outdoor recreation and outdoor education
- Begin to understand the limitations of outdoor recreation knowledge, skills and values in the teaching of outdoor education
- Understand key principles of minimal impact camping
- Understand the general principles of equipment choice and care
- Develop understanding of leadership and decision-making

### Skills:

- Demonstrate effective use of bushcraft and camping theory in practical settings
- Develop and apply leadership and organisational skills
- Improve personal skills in an outdoor recreation setting
- Develop skills in programming and implementing a range of adventure games and activities
- Improve personal bush living skills including nutrition, hygiene, staying comfortable in adverse conditions, use of a Trangia, use of tents, tarps and flys
- Develop an ability to conduct outdoor programs causing minimal damage to the surroundings



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- Be able to respond appropriately to emergency situations
- Appreciate the benefits that can be achieved in outdoor settings

### Values:

- Develop an appreciation of the outdoor environment
- Appreciate the need and benefits of cooperation in the outdoor setting
- Recognise the value of critical adventure-based learning concepts and practices
- Appreciate the benefits that can be gained from outdoor activities
- Appreciate the risks associated with outdoor activities
- Recognise the fragility of natural environments and the human impact on these environments
- Appreciate the benefits of cooperation and team work

### Content:

Topics may include:

- Benefits and risks of outdoor education/recreation
- Outdoor education/recreation and the environment
- Leadership and decision making
- Planning and organising outdoor activities
- Personal preparation for participation in the outdoors
- Use and care of outdoor equipment
- Experiential learning theory
- Menu planning
- Risk management, safety guidelines & emergency response planning
- Introduction to navigation and map reading
- Leadership & decision making
- Environmental issues

### Learning Tasks & Assessment:

Learning Task	Assessment	Weighting
Preparation and participation in base camp	Leader Evaluation	20-40%
Review of course materials	Class Test	60-80%

### Adopted Reference Style:

APA

### Handbook Summary:

This course develops techniques in base-camp programming and facilitation with emphasis on providing enjoyable, safe, and meaningful experiences in the outdoors. Students develop knowledge, skills and values related to camp craft and outdoor living, leadership, decision making, navigation, and environmental appreciation. Students participate in, and take a leadership role during, a base-camp.